

CHRISTOPHER M. MULCHAY, Ph.D.

Curriculum Vitae

77 Church Street
Asheville, NC 28801
NC Licensed Psychologist #4691

PO Box 2553
Asheville, NC 28802-2553

EDUCATION

- 2006-2011 Doctor of Philosophy, Clinical Psychology
Palo Alto University, Palo Alto, CA
Dissertation: "The Trauma of Children in Foster Care: Diagnostic
Implications & Assessment Considerations."
(APA Accredited)
- 2006-2009 Master of Science, Clinical Psychology
Palo Alto University, Palo Alto, CA
(APA Accredited)
- 2004-2006 Master of Arts, Counseling Psychology, Marriage & Family Therapy
University of San Francisco, San Francisco, CA
Summa Cum Laude
- 1999-2003 Bachelor of Arts in Psychology
Occidental College, Los Angeles, CA

CLINICAL EXPERIENCE

- 9/2012-Present **Psychologist**
Asheville Testing
I conduct individualized psychological assessments and evaluations that are purposefully designed to meet the client's specific needs. I also provide specific recommendations to the client, his/her primary supports, and involved professionals based on the assessment results.
- 9/2012-2015 **Psychologist**
CooperRiis
Asheville, NC
CooperRiis is a healing community (treatment/residential center, farm, transitional housing) in beautiful western North Carolina where individuals with mental illness and emotional distress learn new ways to improve functioning, gain independence and attain fulfillment in life through a comprehensive program that addresses mind, body, spirit and heart.
- 8/2011-9/2012 **APPIC Postdoctoral Fellowship**
Kapi'olani Medical Center for Women and Children,
Hawaii Pacific Health, Honolulu, HI
National Health Corps designated rural clinic, I helped manage three rural clinics. I completed an average of 8-10 child or adult comprehensive

evaluations per month, focused on the impact of child maltreatment, parenting abilities and treatment/service planning. Through a federal grant, the Kapi'olani Child Protection Center used a multidisciplinary approach to address the problem of child maltreatment through assessments and consultations, medical and mental health treatment, multidisciplinary training, research, and advocacy.

8/2010-8/2011

APA Pre-doctoral Internship

Casa Pacifica Centers for Children & Families, Camarillo, CA

Pediatric and adolescent assessment, crisis intervention, psychological testing, individual, group and family therapy, development and coordination of multidisciplinary treatment plans, parent training and behavioral management. Casa Pacifica incorporates an intensive residential treatment center, non-public school, emergency shelter care, parent child interactive therapy (PCIT), and a variety of other community based services. My focus was on psychological testing, crisis intervention, and individual therapy with children and families.

9/2009-8/2010

Psychological Trainee, Hospital Diversion & Assessment

Edgewood Center for Children & Families, San Francisco, CA

Pediatric and adolescent assessment and family therapy in Edgewood's Hospital Diversion and community based services. Edgewood is an intensive residential and community based treatment center that serves the needs of severely emotionally disturbed children and their families. I completed 20 integrated assessments in this practicum.

9/2004- 8/2010

Therapist, Counselor, interim Facility Manager

Edgewood Center for Children & Families, San Francisco, CA

MFT intern clinician. Conducted individual and group therapy, as well as individual crisis counseling for clients and families. Supervised daily activities, including at times the entire facility of three to four homes of clients.

2x Recipient of the Edgewood Star; Edgewood's highest employee award.

9/2008-6/2009

Psychological Trainee, Kaiser Permanente

Department of Psychiatry, Redwood City, CA

Student psychologist and neuropsychological assessor in psychiatric outpatient clinic. Client population included adults, adolescents and their families and was ethnically diverse. Duties included intake assessment, ADHD assessment, treatment planning and implementation, rehabilitation neuropsychology, inpatient medical collaboration, psychotherapy, diagnosis, progress reports, termination, case conference participation, presentations, didactic training participation, report writing, making recommendations to schools, families and treatment teams.

- 9/2007-6/2008 **Psychological Trainee, Gronowski Clinic
Pacific Graduate School of Psychology, Palo Alto, CA**
Student psychologist in community based outpatient clinic. The Gronowski Center is a psychology training clinic dedicated to providing compassionate counseling, psychotherapy and assessment services to adults, older adults, couples, adolescents, children and families. Specialty clinics include the Assessment Center, Sexual and Gender Identity Clinic, The Shyness Clinic, Inner Resources Center and the PTSD/Trauma - Early Intervention Clinic.
- 8/2005- 7/2006 **Family Systems therapist, Anger Management group facilitator,
School Counselor, YMCA Youth Services Bureau
San Francisco, CA**
Counseled whole families in a Family Systems modality. Led anger management groups at local high school. Counseled at a local elementary school.
- 9/2003-9/2004 **Residential Counselor
Optimist Youth Homes and Family Services, Los Angeles, CA**
Managed and led groups of at-risk, gang related youth. Counseled wards of the state of California. Also counseled sexual offenders in a therapeutic milieu.
- 5/2002-5/2004 **School Counselor
Outreach Concern, Santa Ana, CA**
Counseled at Los Angeles elementary school for one year.
Counseled at Los Angeles high school for one year.
- 9/2000-8/2004 **Youth at Risk Teacher/Mentor
Saint Andrew's Church, Pasadena, CA**
Worked with gang involved families through teaching/mentoring.

RESEARCH EXPERIENCE

- 7/2007-9/2012 **Child Trauma & Child Diversity**
Participated in a Child Trauma and Child Diversity lab dedicated to studying children in both normative and pathological contexts. The child trauma project was dedicated to better articulating the sequelae of trauma for children. A large data set (5,000 children) collected in 5 years from Alameda county foster children (ages 0-18) was used for analysis. That data includes information on child trauma history, mental health diagnosis, mental health risk and program data of a brief intervention. Skills acquired include data entry, management, and publishing. This data led to my dissertation on trauma in the foster care system.
Allison Briscoe-Smith, Ph.D.

1/2008-5/2008

Early Intervention Clinic

The Early Intervention Clinic is a research clinic dedicated to developing and evaluating different methods of treatment for trauma survivors, conducting co-therapy and assessments with clients, and utilizing exposure and CPT, under the supervision of **Josef Ruzek, Ph.D.** and **Matthew Cordova, Ph.D.**

PROFESSIONAL AFFILIATIONS

9/04-present	American Psychological Association
5/17-present	Association of Family and Conciliation Courts
2/16-present	International Council of Psychologists
1/16-present	Western North Carolina Psychological Association board member
12/04-2010	CAMFT member
1/08-2010	WPA member
12/08-2013	ISTSS member

PROFESSIONAL PRESENTATIONS

Mulchay, C. (2017, July). Human Rights Summit. Presented at 75th International Council of Psychologists. New York, New York.

Mulchay, C. (2016, July). *Advanced ADHD Assessments in North Carolina*. Presented at 31st International Congress of Psychology and the 74th International Council of Psychologists. Yokohama, Japan.

Easter, A.; **Mulchay, C.** & Barnard, S. (2013, April). The Whole Person: Community, Healing and the Recovering Brain. Case presented at the Foundations Freedom and Recovery Conference, San Diego, CA.

Secrest, T.; Hoang, S., **Mulchay, C.** & Briscoe-Smith, A. (2010, August). *Increased Risk for Suicide in Commercially Sexually Exploited Minors*. Poster session presented at American Psychological Association Conference, San Diego, CA.

Mulchay, C., Hoang, S., Smith, G. & Briscoe-Smith, A. (2009, November). *Rates of Placement Failure in a Foster Care Population: A Picture of Chronic Trauma*. Case presented at International Society for Traumatic Stress Studies, Atlanta, GA.

Mulchay, C., Hoang, S., Smith, G. & Briscoe-Smith, A. (2009, November). *Rates of Failed Placements in a Foster Care Population*. Poster session presented at International Society for Traumatic Stress Studies, Atlanta, GA.

Hoang, S., **Mulchay, C.,** Smith, G. & Briscoe-Smith, A. (2008, August). *The Association Between Neglect and Truancy in Sexually Exploited Minors (Youth Involved in Prostitution)*. Poster presented at American Psychological Association Conference, Boston, MA.

Hoang, S., **Mulchay, C.** & Briscoe-Smith, A. (2008, April). *Child Maltreatment and Behavioral Problems in Children: A Chart Review*. Presented at Western Psychological Association Conference, Irvine, CA.

Recent Trainings

American Academy of Forensic Psychology *Custody Evaluations: The Essentials*. Two day workshop led by David A. Martindale, Ph.D., ABPP. June 2017.

Continuing Education: Screening for Cognitive Impairment led by Dr. Anne-Marie Kimbell.

Continuing Education: Assessing and Managing Risk in Psychological Practice provided by American Trust Insurance.

125th American Psychological Association Convention: The Five Dimensions of Executive Functioning – From Assessment to Intervention to Life Success (4 hours)

125th American Psychological Association Convention: Evaluations for High-Stakes Test Accommodation Requests – Legal, Ethical and Practical Considerations (4 hours)

125th American Psychological Association Convention: Evidence-Based Assessment of Learning Disabilities and ADHD in Older Adolescents and Adults (8 hours)

125th American Psychological Association Convention: Evaluation and Management of Attention-Deficit/Hyperactivity Disorder in Adults (4 hours)

125th American Psychological Association Convention: Treating Functional Impairments in Children With ADHD – Organization, Time Management and Planning (4 hours)