



# Join us for a Webinar!



**Dr. Debbie Joffe Ellis** – wife of Dr. Albert Ellis (who pioneered REBT), Professor at Columbia University, and leading world authority on REBT, will be sharing the main principles of REBT with a focus on:

- how humans create **anxiety**
- how to eliminate **anxiety**
- how to prevent **anxiety**

Tools and techniques will be shared and a live demonstration will be given.

The International Council of Psychologists is pleased to offer an important two-hour **free** webinar on:

## Preventing Anxiety: The Passionate and Compassionate Approach of Rational Emotive Behavioral Therapy (REBT)

Dr. Debbie Joffe Ellis

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### DATE & TIME

Friday, March 22, 2019  
11:00AM – 1:00PM (EST)

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### TO REGISTER

<https://www.surveymonkey.com/r/ICP-Webinar>



For more information about this event, please contact:  
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