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Social)

Empirical Role of Psychological Science in Healthcare and Universal Health Coverage

CONCEPT: Multidisciplinary, Collaborative Approach to Teaching, Research and Patient Care



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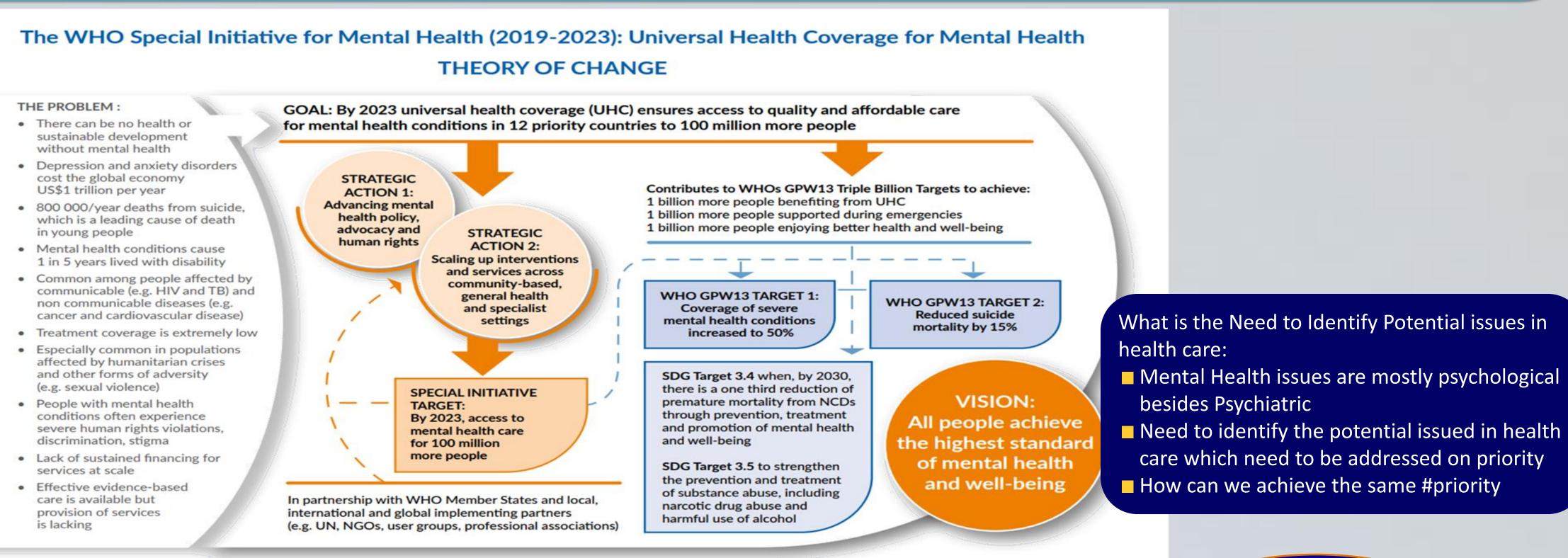
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ABSTRACT:

According to the National Mental Health Survey (NHMS, 2016), mental disorders, including that accompanying neurological conditions, contribute to a significant load of morbidity and disability, even though few conditions account for an increasing mortality. As per Global Burden of Disease report, mental disorders accounts for 13% of total DALYs lost for Years Lived with Disability (YLD). Previous reviews, meta-analysis, studies, and independent reports have indicated that nearly 100 million persons in India are in need of systematic care. WHO states that universal health coverage (UHC) is aimed at "ensuring that all people can use the promotive, preventive, curative, rehabilitative and palliative health services they need, [and that these are] of sufficient quality to be effective, while also ensuring that the use of these services does not expose the user to financial hardship." UHC is now a global health priority, which is firmly based on the WHO constitution of 1948 declaring health a fundamental human right and on the Health for All agenda set by the Alma Ata declaration in 1978. UHC cuts across all of the health-related Sustainable Development Goals (SDGs) and brings hope of better health and protection for the world's poorest. By the most conservative estimates, at least 5% of the Indian population lives with psychological health problems, a figure that translates to over 50 million people. These numbers have a close bearing with the rate of suicides, cardiovascular health issues, and several days of productivity lost. The impact of inadequate mental health treatment can be estimated—though not entirely correlated—by its effect on suicide rates. The WHO statistics states that the average suicide rate in India is 10.9 for every 100,000 people due to mental health problems. Hence, role of psychology in continuum of health care coverage, for Sustainable Health Development Goals will be discussed.

Key Words: Healthcare, Neuropsychology, Mental Health

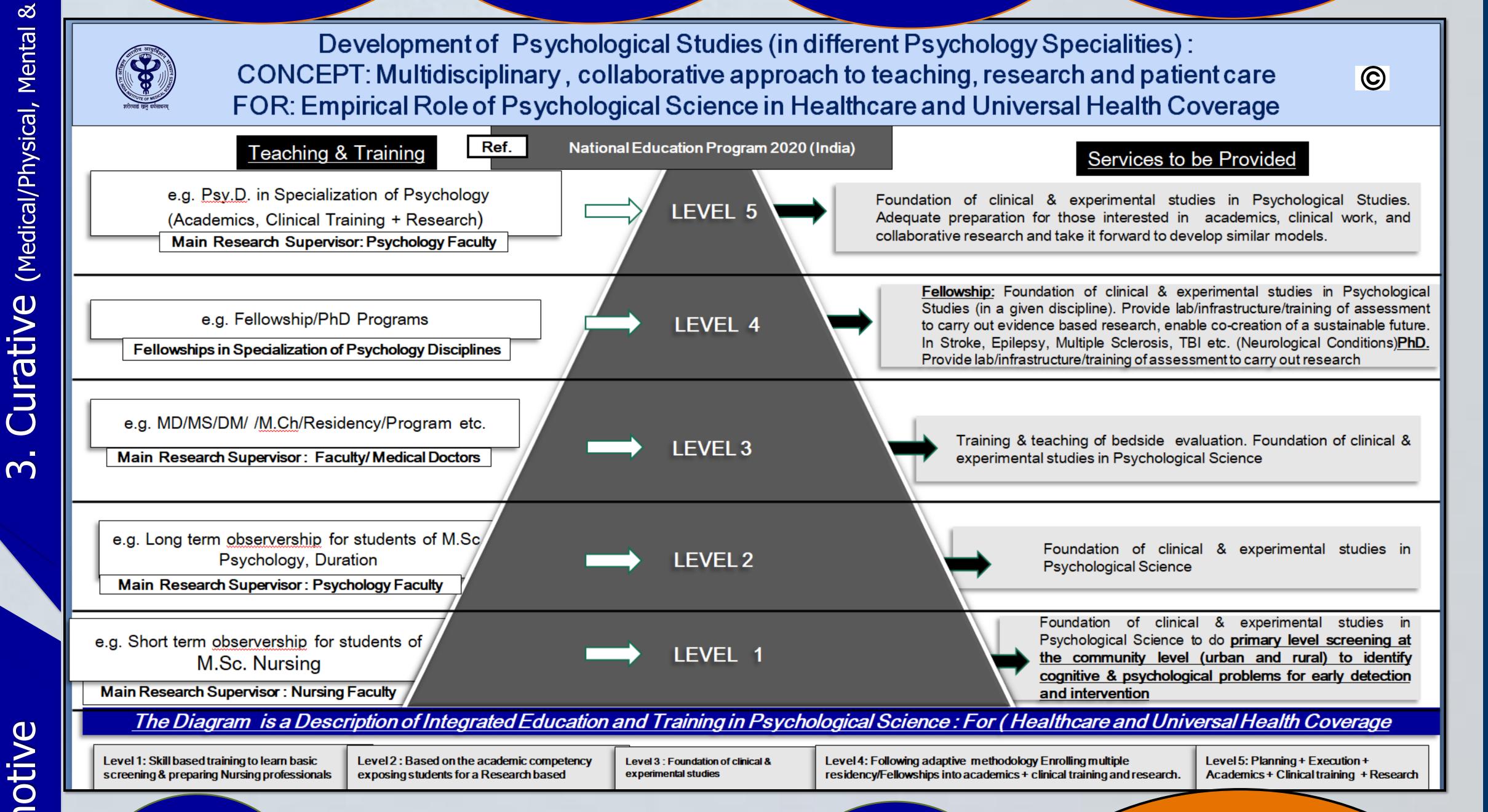


What is the ideal solution?

What is the reality?

What should we do with our knowledge?

Why there is a need to evolve?



Research & Development: Need to publish interdisciplinary collaborative work to create evidence for clinical Practice

Scientific Communications of evidence based work: Need to create more platforms for publishing in peer reviewed journals.

What new

things are

we

learning?

VISION: (Q:What are the highest standards of psychological health?)

Psychological help to be given as per ethical principles by qualified individuals using evidence based principles

TEAM:

Together Everyone **Achieves** More

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How

meaningful

is our

work?

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Need to

collaborate

and create a

base

What is the priority?

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