

THE PROCESS OF UNDERSTANDING A FRIEND WHO SELF-INJURY

Kyohei NISHI

KOBE University

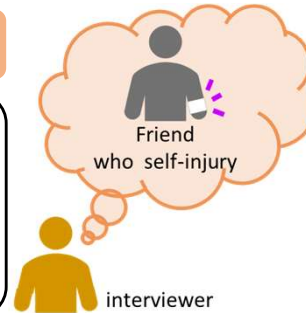
Email : knishi.k024@gmail.com

1. Introduction

It has been shown that friends are relatively influential for self-injury survivors, as they are the most likely helpers to confide in and use (Hawton, 2006), and that involvement with friends leads to further self-injury (Walsh, 2005).

2. Aim

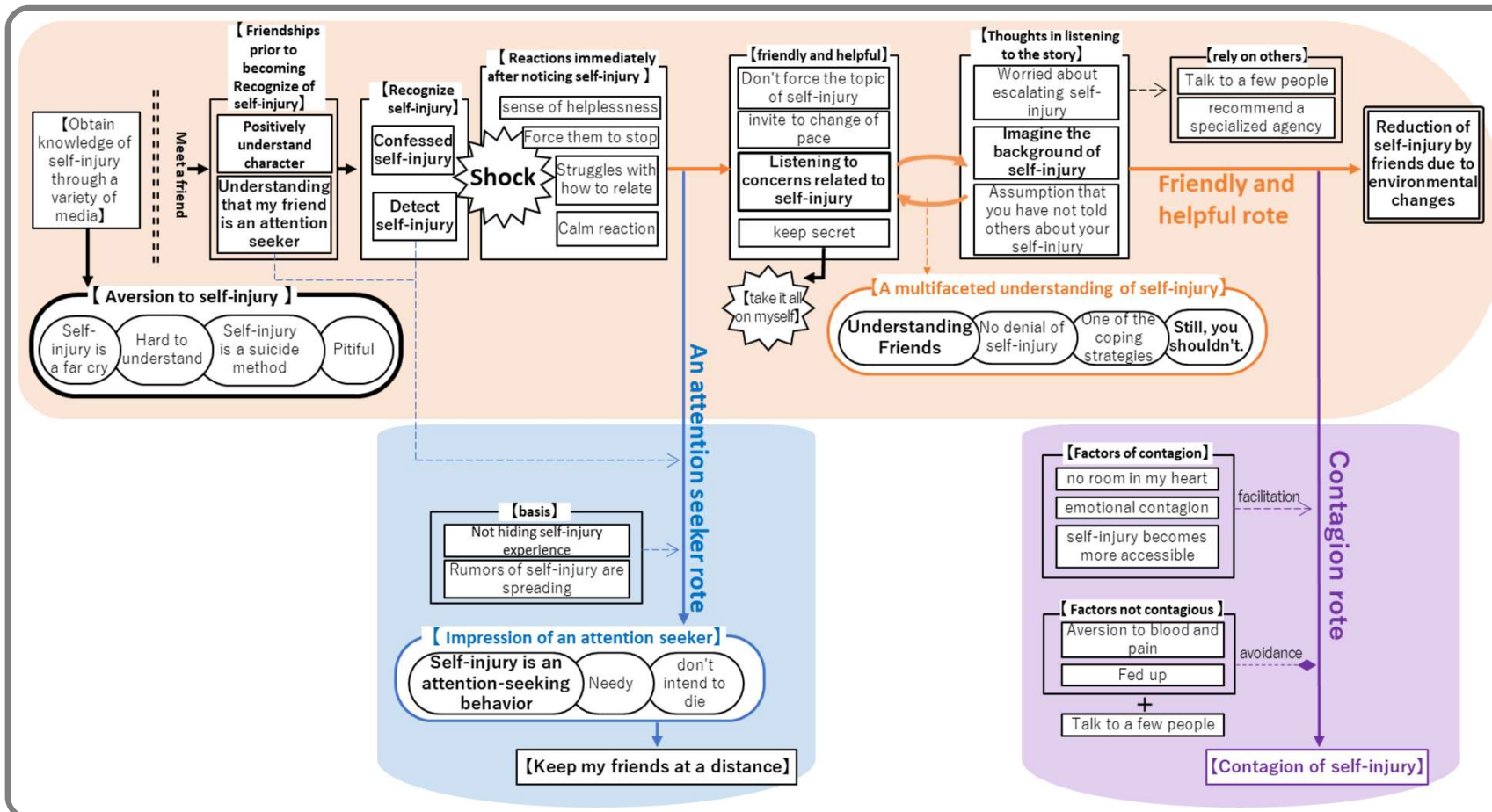
To explore how they have experienced and perceived self-injury in their interactions with friends who have experienced self-injury.



3. Methods

Analysis Subjects 12 Japanese university students with friends who have experienced self-harm.
Research method Semi-structured interviews(one hour).
Analysis method Modified grounded theory approach (Kinoshita, 2003).

4. Results & Discussion



Positive Impact

Involvement from a friend's perspective

Already established trust relationships

Better understanding of self-harm and emotional support for friends

Negative Impact

Involvement without boundaries

Take it all on myself

Contagion of self-injury