

United Nations Intern Application Form - Entry #2775

Your First Name

Rasheed

Your Last Name

Adeyemo

Your Email

raa0050@auburn.edu

Your Phone Number (with country code)

3346636540

Please indicate your current educational institution and year of graduate study (e.g. 1st year, 2nd year, postdoc, etc)

Auburn University - Year 1 Ph.D student

Please describe your field of study

Counseling Psychology is a generalist health service specialty in professional psychology that uses culturally-informed practices to enhance well-being, prevent distress, resolve crises, and improve functioning. It emphasizes normative life-span development, prevention, education, and addressing individuals and their broader systems, with specialized expertise in work and career issues

Alternate - upload Statement of Interest Here

 [Statement-of-Interest.docx](#)

Upload the Your CV

 [ACADEMIC-CV.docx](#)

Name and Email of Faculty Member who will provide a letter of recommendation for this activity

Dr. Brian McCabe, bem0040@auburn.edu

Statement of Interest

As an individual who has lived and studied in multiple countries, I have gained profound insights into the interconnectedness of global challenges and the disparities in quality of life across different societies. Growing up in Nigeria, I witnessed firsthand the harsh realities of poverty, hunger, and a lack of basic infrastructure, including unreliable electricity, unmotorable roads, and inadequate healthcare services. Volunteering and working as a Patient Safety and Advocacy Officer at the Seventh-day Adventist Hospital in Nigeria, I saw patients struggle to afford medical bills, often relying on prolonged fundraising efforts to access essential treatments. Tragically, this delay often resulted in preventable loss of lives—an experience that deeply shaped my perspective on the urgency of systemic change.

After completing my undergraduate education in Nigeria, I moved to Canada and saw similar struggles, albeit in a much better condition. Housing was prohibitively expensive for many, groceries were becoming unaffordable, and people yearned for upward economic growth as they grappled with the rising cost of living. My role as an Educational Program Assistant at a Canadian middle school gave me further insight into the transformative power of quality education. Supporting students with learning disabilities in well-resourced classrooms presented a stark contrast to my undergraduate practicum experience in Nigerian middle schools, where inadequate infrastructure, unpaid teacher salaries, and insufficient resources hindered students' educational opportunities. These experiences highlighted the deep inequalities in education and healthcare systems between the two countries and reinforced my commitment to fostering change.

Currently, as a Ph.D. student in Counselling Psychology in the United States, I am expanding my knowledge of advocacy and social justice to empower marginalized communities and develop policies that address systemic inequalities. My academic journey has exposed me to the struggles caused by socioeconomic oppression and its profound impact on individual and community well-being. Through my coursework and research, I have deepened my understanding of how inequities affect mental health and quality of life, further solidifying my passion for creating equitable opportunities and advocating for systemic change.

The opportunity to intern with the United Nations through the International Council of Psychologists (ICP) NGO representatives aligns perfectly with my aspirations to contribute meaningfully to global efforts aimed at improving quality of life and reducing inequalities. My unique blend of lived experience, academic training, and professional expertise equips me with the cultural sensitivity, analytical skills, and unwavering commitment needed to address the complex challenges facing our world. I am eager to bring my perspective, dedication, and passion to the mission of the United Nations and collaborate with ICP representatives to create a more just and equitable world.

RASHEED A. ADEYEMO

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Auburn, AL36832

(334) 663-6540

EDUCATION

- 2024 – Present **Doctor of Philosophy/ Master of Arts, Counseling Psychology**
APA Accredited
Auburn University, Auburn, AL
- 2017 – 2022 **Bachelor of Education, Guidance and Counselling**
Obafemi Awolowo University, Ile-Ife, Osun State
Project Supervisor: Prof. E.R.I Afolabi
Research Project: Awareness, Knowledge and Attitudes of Obafemi Awolowo University Students towards Rules and Regulation Examination and the Implication for Counseling

RESEARCH INTEREST

African immigrants racial and cultural socialization, racism and discrimination, immigrant’s acculturative stress and well-being.

RESEARCH EXPERIENCE

Auburn University

Graduate Research Assistant

Immigrant Racial, Identity, and Socialization Experiences Lab

Supervisor: Dr. Latifat O. Cabirou

Responsibilities:

- Developing Qualtrics survey questions for online data collection
- Contributing to manuscript writing for publications
- Collecting, cleaning and analyzing research data
- Development of proposals for conferences

Auburn University

Graduate Research Assistant

Eco-developmental, Prevention, Intervention and Consultation Lab

Supervisor: Dr. Brian McCabe

Responsibilities:

- Designing assessment measures for SER-Familia, a grant-funded intervention study
- Organizing intervention measures for coherent administration

Boston College

Research Assistant

Racial Empowerment, Self-Awareness, and Investigations of Systemic Transformation Lab
Supervisor: Dr. Alex Pieterse

Responsibilities:

- Conducting empirical review of African immigrant experiences literatures
- Coding quantitative and qualitative on African immigrant literature articles
- Developing and writing of manuscript on the review

Nigerian Mental Health

Research Volunteer

Supervisor: Latifat Cabirou (Ph.D), Director of Research

Responsibilities:

- Gathering and organizing data related to mental health trends, demographics, and challenges in Nigeria.
- Conducting statistical analysis and research on mental health data to identify trends, patterns, and areas of concern.
- Developing and participating in research studies that aim to address specific mental health issues and generate solutions.
- Collaborating with mental health professionals and organizations to share research findings and collaborate on impactful projects.
- Summarizing and presenting research findings through reports, articles, and academic publications to contribute to the field of mental health in Nigeria.

PUBLICATIONS IN PROGRESS

Fapohunda, A. O., Cabirou, L., Lamberts, K., & Adeyemo, R. A. (2025). *Addressing health and social needs of Black college and students in Pittsburgh*. [Manuscript in preparation]

Cabirou, L., Kim, S. H., & Adeyemo, R. A. (2025). *Impact of race-based stress on Black Muslims' quality of life*. [Manuscript in preparation].

Cabirou, L., Adeyemo, R. A., Franklin, N., Ubose, O., & Ita, E. (2025). *Impact of community engagement on mental health*. [Manuscript in progress]

Adeyemo, R. A., Pieterse, A. L., & Williams, A. (2025). *African immigrant experience of racism and discrimination*. [Manuscript in preparation].

CLINICAL EXPERIENCE

April 2024 -
June 2024

Ridgecliff Middle School, Halifax, Canada
Educational Program Assistant

Supervisor: Halifax Regional Centre for Education

- Assisted students with special needs in following the programs, strategies, exercises and materials identified by the teacher
- Assisted in promoting their emotional growth, well-being and independence.
- Encouraged the development of student dignity and self-esteem
- Facilitated positive interactions among all students
- Helped to motivate the students and encourage their participation
- Supervised them to ensure a safe environment
- Assisted the students to move about during school day including exercising as outlined in the Individualized Program Plan

May. 2022 -
Sept. 2023

Seventh-day Adventist Hospital, Osun State, Nigeria
Patient Safety Advocate Officer

Supervisors: HRM Dr. Omole Ayotunde, CMD Dr. Olosunde Oludayo

- Tended to the physical and emotional needs of patients and their relatives, providing information to them about the hospital services.
- Worked closely with patients to understand their inconveniences and displeasures within the hospital wards, to communicate their plights to the right authority figures in the hospital.
- Observed HIV/AIDS patients under enrollment in the HIV/AIDS clinic and how new enrollees are being counselled
- Worked with the psychiatrist to observe mental health patient sessions
- Negotiated a payment plan with the business manager for patients with outstanding payments.
- Investigated exploitation of patients by the hospital staffs.
- Raised funds for patients who cannot afford their medical bills through social media platforms and religious institutions

Nov. 2018 /
Nov. 2019

Oluorogbo Middle School, Osun State, Nigeria
Practicum
Student Counselor

Supervisors: Dr. Jide Akintomide, Ph.D, Dr. Olufemi Olatomide, Ph.D

- Created counselling services awareness to the students and teachers through direct communication and posters within the school compound

- Designed an assessment instrument to understand the needs of the students that could affect their performances in their various classes
- Organized a career day and invited resource persons from different professions to inform the students about their different dream occupations
- Provided supervised counseling to students with academic challenges

SERVICE

Professional Service

Ad. Hoc Journal Reviewer *2024*
 The Counseling Psychologist

Ad. Hoc Conference Reviewer *2024*
 Society for Prevention Research

Volunteer

Mental Health Advocate *2023 - Present*
 Nigerian Mental Health, Abuja, Nigeria

Patient Safety Advocate *May 2022 - Nov. 2022*
 Seventh-day Adventist Hospital, Osun State, Nigeria

MEMBERSHIP AFFILIATION

- African Psychological Network

CERTIFICATIONS

1. Collaborative Institutional Training Initiative (CITI Program)
 - Humans Subjects – Social and Behavioural Research
 - RCR – Responsible Conduct of Research
 - IRB #2 – Social and Behavioural Emphasis
2. Patient Safety and Advocate Certificate of Service

