

United Nations Intern Application Form - Entry #2779

Your First Name

LAIA

Your Last Name

RIBÓ MAS

Your Email

laia1994@outlook.es

Your Phone Number (with country code)

+34685828212

Please indicate your current educational institution and year of graduate study (e.g. 1st year, 2nd year, postdoc, etc)

Psychology

Please describe your field of study

My field of study is psychology, with a specialization in clinical, forensic, and social intervention. I hold a Bachelor's Degree in Psychology from the Open University of Catalonia, complemented by a Master's Degree in General Health Psychology from the University of Girona and a Master's Degree in Forensic Psychology from UNIR. My academic background has provided me with a strong foundation in psychological assessment, intervention strategies, and therapeutic techniques aimed at promoting mental health and well-being.

With three years of professional experience, I have worked in diverse sectors, including mental health centers, job placement programs for individuals with severe mental disorders, supervised housing, and international protection services. My role has involved conducting psychological assessments, providing individual and group therapy, and designing intervention plans tailored to the needs of vulnerable populations. In my work at Fundació Molí d'en Puigvert and Movimiento por la Paz (MPDL), I have focused on psychosocial intervention, conflict resolution, and mental health support for individuals facing challenges such as trauma, migration, and social exclusion. Additionally, I have contributed to pre-employment programs, helping individuals develop social and professional skills for successful reintegration into the workforce.

Beyond my clinical and social work, I have engaged in volunteering experiences with organizations such as the Red Cross and SÓMMÓN, where I have facilitated workshops on gender violence prevention, emotional well-being, and support for elderly populations. These experiences have enriched my understanding of cross-cultural psychological needs and reinforced my commitment to mental health advocacy and social inclusion.

cultural psychological needs and reinforced my commitment to mental health advocacy and social inclusion. My interdisciplinary background enables me to address psychological challenges from a holistic perspective, ensuring a comprehensive and human-centered approach in my practice.

Please describe your interest in serving as an ICP UN Intern. Please include any experience with global issues as defined in the UN Sustainable Development Goals (SDGs) or international experience. You may write your answer here or upload a separate word or PDF document.

As a psychologist with a deep interest in human well-being and social development, I am motivated by the opportunity to be part of the United Nations Internship Programme (ICP UN Intern). My training and experience in mental health, emotional well-being and psychological resilience align with the Sustainable Development Goals (SDGs), in particular SDG 3 (Good health and well-being) and SDG 10 (Reduced inequalities). I have worked on projects that promote inclusion, equity and access to mental health services in vulnerable communities, which has allowed me to develop a global perspective on the importance of international cooperation in promoting mental health. My goal is to contribute with my knowledge in psychology to design and implement strategies that strengthen the well-being of diverse populations in vulnerable situations, thus supporting the UN mission of building a more just and sustainable world.

Upload the Your CV



[INTERNATIONAL-RESUME.pdf](#)

Name and Email of Faculty Member who will provide a letter of recommendation for this activity

Diana Alvarado - a.alvarado@mpdl.org

[International Council of Psychologists](#)

Laia Ribó Mas

Clinical and Forensic psychologist

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I am a psychologist with an integrative perspective and also have training and experience as a social integrator. Working directly with people is my calling, and I am passionate about being able to accompany them in their processes. I consider myself an empathetic, reasonable and flexible person, qualities that help me adapt to each situation and need. I am pleased to continue training myself to always offer the best of my mateixa and learn new ways to care and help

WORK EXPERIENCE

Psychologist | Movimiento Por La Paz (MPDL)

July 2023 - present

Development and application of psychological therapies for victims of conflict and violence, promoting emotional healing and mental well-being. I facilitate conflict resolution processes through mediation and strengthening communication skills. Individual and group sessions. Group psychoeducation workshops. Protocols for the prevention of suicide, masculinist violence, bullying and detection of victims of trafficking.

Clinical Psychologist | Mental Health Center (IAS) **February 2024 - November 2024**

Practice as a clinical psychologist performing psychological assessments and clinical diagnoses in children and adults, using specific tools for each stage of development. I provide individual and family therapies to address emotional, behavioral and personality disorders. Collaboration with a multidisciplinary team to design intervention and follow-up plans. Guidance and psychoeducational support to families and professionals, promoting emotional and social well-being.

Psychologist | Fundació Molí d'en Puigvert

July 2022 - July 2023

I care for people with severe mental disorders, providing psychological interventions to improve their emotional and functional well-being. I provide care in the pre-employment service, supporting the development of social and work skills, and promoting the social and work integration of users. I design and supervise job insertion programs at the Special Work Center, adapted to the needs and capabilities of the participants. I work in an interdisciplinary manner to ensure a comprehensive approach in the rehabilitation and adaptation process.

Psychologist | Fundació Diagrama

February 2022 - July 2022

I worked in a housing program for labor insertion of migrant youth. Providing emotional and psychological support, conduct assessments, and offer counseling to address migration-related challenges. I design workshops on life skills and job readiness, while fostering self-esteem and resilience to help them successfully integrate into the labor market and adapt to their new environment.

Social Integrator

June 2015 - February 2022

I have worked as a social worker in several organisations: Fundació Pere Tarrés, Fundació Diagrama, Fundació Resilis, town councils, among others. I have worked as a job counsellor, facilitator in a youth space, integrator in youth centres, supervised flats, residential centres for young people, leisure time monitor, among other duties.

ACADEMIC BACKGROUND

Master's Degree in General Health Psychology

University of Girona, 2025

Master's Degree in Forensic Psychology

UNIR, 2023

Bachelor's Degree in Psychology

Open University of Catalonia, 2022

Social Integrator

Institut Joan Coromines, 2015

ADDITIONAL TRAINING & CERTIFICATIONS

- Light monitor title (310h)
 - Nivell mig ACTIC
 - Family support training (12h)
 - Psychological support (4h)
 - Neurolinguistic Programming (30h)
 - Conflict resolution (30h)
 - Neuroleadership (30h)
 - Coaching (30h)
 - Accompaniment in the pain process (30h)
 - Emotional intelligence (30h)
 - Relaxation techniques (30h)
 - Psychological-forensic evaluation and intervention in the area of the family dret (APF, 12h)
 - Integrative psychotherapy courses for trauma treatment: foundations for being a trauma-informed therapist
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VOLUNTEER EXPERIENCE

Volunteering with RED CROSS

January 2015 - January 2018

Volunteering with the organization as part of the senior citizen program, doing memory workshops in residences, helping with the food and basic necessities distribution service, interviewing and assessing needs in private homes, helping with shopping for senior citizens, among others.

Volunteering with the SÓMMÓN entity

February 2024 - November 2024

Volunteer for the organization by disseminating resources for the prevention and dissemination of gender violence as well as creating a themed escape room for local people

LANGUAGES

- Spanish- Mother tongue
- Catalan - Mother tongue
- French- Medium
- English - High

SKILLS

- Psychosocial Intervention
- Conflict Resolution
- Psychological Assessment
- Cross-Cultural Communication
- Workshop Design and Facilitation
- Driving skills